

## TOMATIS® METHOD

A program designed to strengthen the ear to work at its optimum. We call this “ear gymnastics!”

The aim is to improve:

- Auditory processing problems
- Dyslexia, ADD and ADHD
- Memory, Motivation
- Speech Delay
- Attention, Concentration
- Learning Difficulties
- Creativity, Confidence
- Balance, Co-ordination
- Sensory Integration
- Communication Skills
- Motor Skill Problems
- Voice, Acting, Music
- Depression, Stress
- Sporting Achievement
- On Job Performance

### What is the difference between HEARING & LISTENING?

There is a clear difference between hearing something and actually processing that sound.

**Listening is much more than just hearing!**

Hearing is a passive action while listening (auditory processing) is an active and psychological process involving

**Intention—attention—emotion**

Listening requires the desire to focus and pay attention in order to understand the oral message.



Every year, more than 100,000 people across the globe benefit from the authentic

Is Your Child

## HEARING or LISTENING?



The possible side effects of an auditory processing problem can be far-reaching. The good news is that the basic listening dysfunction can be evaluated and overcome with the Tomatis® Method.

If many of the following symptoms apply to your child, he/she may have a listening dysfunction known as **Auditory Processing Disorder**.

- ◇ Short attention span/easily distracted
- ◇ Poor memory
- ◇ Over-sensitivity to certain sounds
- ◇ Frequent daydreaming
- ◇ Misinterpreting simple requests
- ◇ Need directions repeated or simplified
- ◇ Delayed language/weak vocabulary
- ◇ Over-talkative but says little
- ◇ Broken or hesitant speech
- ◇ Weak/flat or monotone voice
- ◇ Disorganized sentence structure
- ◇ Singing off-key
- ◇ Reading/writing/spelling problems
- ◇ Poor, slumped posture
- ◇ Awkward co-ordination/clumsy
- ◇ Poor sense of balance or rhythm
- ◇ Left/right confusion
- ◇ Letter and number reversals
- ◇ Low energy
- ◇ Lack of motivation
- ◇ Restless/hyperactive
- ◇ Problems mastering mathematics
- ◇ Low self-confidence /shyness
- ◇ Low frustration tolerance
- ◇ Immaturity
- ◇ Depressed disposition
- ◇ Indecisiveness

## What is Auditory Processing Disorder?



Recognise the 4 Warning Signs:

- Often need to repeat what you say
- Difficultly paying attention
- Poor memory
- Noise sensitivity

Does this sound familiar to you?

**Tomatis® can help your child reach their full potential.**



“The Voice can only reproduce what the ear hears or processes”

Law called ‘Tomatis® Effect’ 1957



Integrated Wellbeing  
Tomatis



## What to Expect When MAKING A BOOKING

**A detailed questionnaire will need to be completed prior to the Initial Assessment.**

This will enable us to focus on the key areas where support is required.

**The initial assessment is 2 hours in duration**

This is an opportunity to further discuss your concerns, review the questionnaire in detail.

You will also learn the benefits of the Tomatis® program and APD (Auditory Processing Disorder) whilst understanding the science behind it.

An individualized program is then designed specifically for you.

**The Tomatis® program involves a minimum commitment of three 14 day programs, each two hours in duration.**

The second program is commenced 4 weeks after the first program is completed. The third program is undertaken (if required) after a break of 10 to 12 weeks.

## What is Your INVESTMENT

**Initial Assessment \$300.**

A non-refundable deposit of \$150 is required at the time of booking. The balance of \$150 is payable at the Initial Assessment.

**Full payment of \$900 is required to commence the TalksUP® Program**

**Initial Tomatis® Listening Program 14 day program**  
\$900 per program

**Subsequent Tomatis® Listening Programs**  
\$900 per program

### What Does This INCLUDE?

- The use at home of a TalksUp® set, including specialised wireless headphones with bone conduction device incorporated.
- Consultations (after the Initial Assessment)
- Training for all equipment use

**Good listeners are good learners and good communicators**

## Who We Are DR DONNA PALMER

In 1996 she graduated from Macquarie University with a Master of Chiropractic, and a Bachelor of Science from Adelaide University, majoring in Anatomy and Physiology and is an accredited Tomatis® Level 1 Practitioner. Donna married her high school sweetheart, Matt, and together they have 4 children. Supporting families, empowering women during pregnancy, and working with children to help them reach their full potential is Donna's passion. Donna became interested in Tomatis® after learning about it in conversation with a friend. After undertaking the program Donna has seen amazing changes in her son, William.

### JULIE HOLDBACK

Having graduated from University of South Australia in 1993 with a Bachelor of Teaching, Julie has more than 20 years' experience teaching primary children, and also privately teaches music. She has taught students from incredibly varied backgrounds, and has a real passion for ensuring all children are learning at their full potential, whatever their level of ability.

### Further INFORMATION

Free information webinar by Francoise Nicoloff, a Psychologist and Registered Certified Tomatis® Consultant and Trainer.

Held once a month in the comfort of your own home at 8pm. Register at [info@tomatis.com.au](mailto:info@tomatis.com.au)

**Contact 1300 792 064 for any queries you may have or to make a booking.**